

# **WWS ACTIVITY REPORT 2019-2020**



**GOVT.SANSKRIT COLLEGE THIRUVANANTHAPURAM**

**Re-Accredited with A+ Grade by NAAC**

**Sponsored By**

**New Initiatives in Higher Education**

**Department of Collegiate Education**

**Govt. of Kerala**

## WWS ACTIVITY REPORT 2019-2020

The activities of WWS Program for the academic year 2019-2020 in Govt. Sanskrit College, Thiruvananthapuram started in August 2019 as per the directives from the Office of the New Initiatives, Govt. of Kerala. As per the instructions a meeting of the College Council, IQAC Coordinator, Principal and WWS Coordinator was conducted on 27.08.2019 and a Committee was formed to monitor the activities of the year.

### **INTERNAL MENTORING**

Fifteen internal mentors from various departments of the college were selected by the Committee. Each internal mentor was given six students as mentees for the academic year. The following Internal Mentors were selected for the year 2019-2020 :-

#### **First Year**

<b>Sl No.</b>	<b>Name of the Mentor</b>	<b>Designation with Subject</b>
1	Dr.Gayathri Devi G	Assistant Professor, Vedanta
2	Dr.Lakshmi Vijayan	Assistant Professor,Nyaya
3	Dr.Renil Dev M.R	Assistant Professor, Vyakarana
4	Dr.Shyma K.A	Assistant Professor, Sahitya
5	Smt.Krishnendra S*	Assistant Professor, Jyotisha

\* Since 1<sup>st</sup> year internal mentor Smt. Krishnendra S (Asst. Professor, Jyothisha) started her maternity leave in November 2019, she has been substituted by Smt. Sandhya Sreekumar (Guest Lecture, Jyothisha).

#### **Second Year**

<b>Sl No.</b>	<b>Name of the Mentor</b>	<b>Designation with Subject</b>
1	Dr.Smitha Sabu	Assistant Professor, Vedanta
2	Dr.P.G Sumangala	Assistant Professor, Nyaya
3	Smt.Priya R**	Guest Lecturer, Vyakarana
4	Smt.Leena C.P	Assistant Professor, Sahitya
5	Dr.Girish M.P	Assistant Professor, Jyotisha

\*\*2<sup>nd</sup> Year internal mentor Smt. Priya R (Guest Lecture, Vyakarana) has been substituted by Smt. Bindhya K S (Asst. Professor Vyakarana) as she has rejoined after maternity leave in November.

### **Third Year**

<b>Sl No.</b>	<b>Name of the Mentor</b>	<b>Designation with Subject</b>
1	Dr P.V Sreenivasan	Assistant Professor, Vedanta
2	Dr.Shaniba M.M	Assistant Professor, Nyaya
3	Dr.Sujith S	Assistant Professor, Vyakarana
4	Dr.Sobha P	Assistant Professor, Sahitya
5	Dr.Jayakrishnan Nampoothiri N.D	Assistant Professor, Jyotisha

A meeting of the internal mentors was conducted on 02.09.2019 and necessary training and guidelines were given regarding the conduct of the program. Dr. Lakshmi Vijayan (Assistant Professor, Nyaya) and Dr. Gayathri Devi G (Assistant Professor, Vedanta) who attended the ‘Master Mentoring Program’ were the resource persons in this session.



**Training program for Internal Mentors**

The internal mentoring sessions were started in September and were held at least once every month according to the convenience of the mentees and the mentors. The sessions were completed by the month of January as per the guidelines.

## EXTERNAL MENTORING

A list of eminent resource persons was prepared by the monitoring committee. The list of external mentors was approved by the college council.

The following External Mentoring Sessions were conducted during the year 2019-2020: -

### First Year (18 Hours)

SI No.	Area	Name of Expert/ Mentor
1	Read and review an academic book	<b>Dr.V.Vasanthakumari</b> Professor, S.S.U.S Kalady
2	Developing scientific temper; essential aspects of Research in contemporary society	<b>Dr.V.Vasanthakumary</b> Professor, S.S.U.S Kalady
3	Self-Awareness: -SWOT analysis, Making personal development plan (PDP)	<b>Dr.M.V Natesan</b> Professor, SSUS Kalady
4	Goal Setting-setting realistic goals, making action plans to achieve goals.	<b>Sri.M.P Pandiraj</b> WWS Mentor & Trainer in Skill Development, Leadership and Goal Setting
5	Meet two experts (Academicians, Scientists, Practitioners etc.) Know him personally and the area of expertise	<b>Sri.M.P Pandiraj</b> WWS Mentor & Trainer in Skill Development (Expert in Yoga, Meditation & Psychology) & <b>Dr.Achyuth Sankar S. Nair</b> Professor & H.O.D, Dept. Of Computational Biology & Bio- informatics
6	Art and Self Development (Theatre/other art forms as medium of self-expression)	<b>Dr.Aparna Nangiar</b> Koodiyattam Performer & Asst. Professor in Sanskrit, Sree Sankara College, Kalady
7	Understanding the constitution & Democratic values	<b>Prof.N.L.Sajikumar</b> Professor, Govt.Law College, Kozhikod



**Dr.V Vasanthakumari, Professor S S U S Kalady**

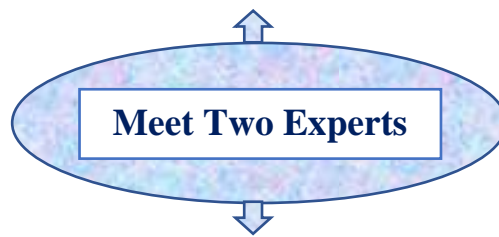
Dr.V Vasanthakumari conducted two sessions for 1<sup>st</sup> year mentees on ‘Read & Review an Academic Book’ and ‘Developing Scientific Temper – Essential Aspects of Research in Contemporary Society’.



**Dr. M V Natesan, Professor S S U S Kalady leading a Session on SWOT Analysis**



**Sri M P Pandiraj, Trainer in Skill Development, Leadership and Goal Setting**



**Dr. Achuth Sankar S Nair, Professor & H.O.D, Dept. of Computational Biology & Bio- informatics**



**Dr. Aparna Nangiar (Famous Koodiyattam Performer & Asst. Professor)  
demonstrating 'Koodiyattam' in the Session 'Art & Self Development'**



**Prof. N L Sajikumar on the Session 'Understanding the Constitution  
& Democratic Values'**

## Second Year (8 Hours)

Sl No.	Area	Name of Expert/ Mentor
1	Learn how to review a journal article	<b>Dr.M.V Natesan</b> Professor, S.S.U.S Kalady
2	Learn soft skills, presentation skills etc.	<b>Adv.Rajesh Chandrasekhar</b> Advocate & Trainer in Personality Development, Leadership and Goal Setting
3	Session on Gender Sensitization	<b>Dr.Anishia Jayadev</b> Assistant Professor (Gender Studies) Institute of Management in Government, Thiruvananthapuram
4	Session on Environment Sensitization	<b>Dr.Nandakumar.D</b> Senior Advisor on Climate change & Environment, ICSD Adjunct Professor of Geography, S.S.U.S Kalady & Kannur University



**Dr. M V Natesan on the Session ‘How to Review a Journal Article’**





**Adv. Rajesh Chandrasekhar on 'Skill Development'**



**'Session on Gender Sensitization' by Dr. Anishia Jayadev**



**'Session on Environment Sensitization' by Dr. Nandakumar D**

## **STATIONERY KIT**

The 90 students of WWS program were given notebook and pen as part of stationery kit allotted for the mentees for the academic year 2019-2020.

Walk with a Scholar Program was completed successfully by the month of January in Govt. Sanskrit College during the academic year 2019-2020.

**Dr.K Unnikrshnan**

**PRINCIPAL**

**Smt.Manju.T.G**

**WWS COORDINATOR**