

Rhythms of Heritage:

Exploring the Traditional Dance forms and Folklore of Kerala

“Impressions of Natyasastra on Kerala Folk Art Forms”

The Department of Sanskrit Sahitya at Govt. Sanskrit College, Thiruvananthapuram, organised a three-day National Seminar in collaboration with the Folklore Academy, Kerala under the auspices of the Collegiate Education on the topic, IMPRESSIONS OF NATYASASTRA ON KERALA FOLK ART FORMS. The seminar, held from November 8th to 10th, 2023, focused on exploring the influence of Natyasastra on Kerala's rich folk-art traditions.

Inaugural Session (November 8):



The inaugural session commenced with a prayer by Ms. Aditya Krishna D.S., followed by a warm welcome speech by Dr. Leena C. P., the Head of the Department of Sahitya. Dr. Amala V.K., the Principal, delivered the presidential speech, and the inauguration was graced by Dr. Achuth Sankar S. Nair, Professor, and Head of the Department of Computational Biology and Bioinformatics, University of Kerala. In

this session also included the distribution of excellence awards for the toppers in BA Sanskrit Special Sahitya, 2023 acknowledging their academic achievements. Ms. Vishnupriya G., and Ms. Gayathri M., conveyed their greetings and perspectives on the seminar theme. Dr. Sobha P., Assistant Professor, Dept of Sahitya, Govt. Sanskrit College, Thiruvananthapuram, expressed gratitude to all participants, contributors, and organizers for making the inaugural session a success.

Session I: Text and Tradition (November 8)

Dr. Shyma K. A., Assistant Professor, Dept of Sahitya, Govt. Sanskrit College, Thiruvananthapuram, welcomed the audience to the session. Dr. P.V. Narayanan, Professor, Dept of Sahitya, SSUS, RC, Payyanur, elucidated on the topic "Natyasastra – Text and Tradition," exploring the textual nuances and the oral tradition surrounding Natyasastra. Participants engaged in a vibrant discussion, seeking clarifications and sharing insights on the intricate aspects of Natyasastra. Sri. Abhilash Unni, Research Scholar, Govt. Sanskrit College, Thiruvananthapuram, extended gratitude to the resource person and attendees for their active participation.

Session II: Musical Elements in Natyasastra (November 8)

Dr Asawani S. Mohan (Guest Lecturer, Dept of Sahitya, Govt Sanskrit College, Tvpm) welcomed the audience to the session. Dr. Achuth Sankar S. Nair explored "Musical Elements in Natyasastra," shedding light on the intricate relationship between music and performance arts. : Ms. Sithara B.T, Research Scholar, Govt. Sanskrit College, Thiruvananthapuram, extended thanks to the resource person and attendees for their active involvement.

Session III: Role of Folk Arts (November 8)

Smt. Uma A.K., Associate Professor, Dept of Nyaya, Govt. Sanskrit College, Thiruvananthapuram, welcomed the audience to the session. Sri. P.V. Lovelin, Secretary, National Center for Tangible and Intangible Cultural Heritage, Dept of Culture, Govt. of Kerala, shed light on "The Role of Folk Arts in Contributing to the Aesthetics of Classical Dances," exploring the symbiotic relationship between folk and classical art forms. Participants engaged in a stimulating discussion, reflecting on the synergies and divergences between folk and classical art forms. Smt. Sibi B.S., Research Scholar, Govt. Sanskrit College, Thiruvananthapuram, extended thanks to the resource person and attendees for their active involvement.

Session IV: Influence of Natyasastra in North Kerala (November 8)

Dr. Girish M.P., Assistant Professor, Dept of Jyothisha, Govt. Sanskrit College, Thiruvananthapuram, extended a warm welcome to the attendees. Dr. Sreedharan E., Former Professor and Campus Director, SSUS, Kalady, explored "The Influence of Natyasastra in the Arts of North Kerala," highlighting the regional variations and adaptations of Natyasastra principles. Participants actively participated in the discussion, sharing anecdotes and insights into the unique manifestations of Natyasastra in North Kerala's art forms. Smt. Jiji Chandran J.V, Research Scholar, Govt. Sanskrit College, Thiruvananthapuram expressed gratitude to the resource person and attendees for their valuable contributions.

Session V: Nrnta, Nrtya, Natya (November 9)

Dr. Sudheesh O.S., Assistant Professor, Dept of Jyothisha, Govt. Sanskrit College, Thiruvananthapuram, welcomed the audience to the session. Dr. C.M. Neelakantan, Chairman, Vedic Research Centre, Vadakke Matham Brahmaswam,

Trissur, delved into "Nrta, Nrtya, Natya - Some Observations," offering insights into the nuanced distinctions and interconnections between these elements in performance arts. Participants engaged in an enriching discussion, exploring the theoretical underpinnings and practical implications of the concepts discussed. Sri. Sreelesh S., Research Scholar, Govt. Sanskrit College, Thiruvananthapuram, expressed gratitude to the resource person and attendees for their active participation and valuable contributions.

Session VI: Samantabhinaya in Natyasastra (November 9)

Dr. Rema M.K., Guest Lecturer, Dept of Sahitya, Govt. Sanskrit College, Thiruvananthapuram, welcomed the audience to the session. Dr. K.P. Sreedevi, Former Professor, Sanskrit Sahitya, SSUS, Kalady, explored "Samantabhinaya in Natyasastra - Relevance and Possibilities," analyzing the concept of universal expression in Natyasastra and its contemporary relevance. Participants actively engaged in a discussion, reflecting on the practical applications and challenges of incorporating Samantabhinaya in contemporary performances. Ms. Gopika J.M., MA Student, Dept of Sahitya, Govt. Sanskrit College, Thiruvananthapuram, expressed gratitude to the resource person and attendees for their insightful contributions.

Session VII: Rasa and Emotion in Abhinaya (November 9)

Renil Dev M.R., Assistant Professor, Dept of Vyakarana, Govt. Sanskrit College, Thiruvananthapuram, extended a warm welcome to the audience. Dr. Githesh T., Assistant Professor & Head, Dept of Malayalam, Madurai Kamaraj University, Madurai, provided an overview on "Rasa and Emotion in Abhinaya - An Overview on Visual Narratives," exploring the intricate relationship between emotions, aesthetics, and storytelling in performing arts. Participants engaged in a lively discussion, sharing perspectives on the emotive dimensions of performance and its impact on audience perception. Ms. Sithara B.T., Research Scholar, Govt.

Sanskrit College, Thiruvananthapuram, expressed gratitude to the resource person and attendees for their active participation and valuable insights.

Session VIII: Performance by Antaryami (November 9)

Dr. Lakshmi Vijayan V.T., Assistant Professor, Dept of Nyaya, Govt. Sanskrit College, Thiruvananthapuram, welcomed the audience to the performance session. The session featured a performance titled "Antaryami" conceptualized, choreographed, and directed by Padmabhushan Kavalam Narayana Panikkar, presented by Gireesan V. & Team of Sopanam. Smt. Vasana R., Head, Dept of English, Govt. Sanskrit College, Thiruvananthapuram, extended gratitude to the performers and attendees for their presence and appreciation.

Session IX: Psychological Metaphors in Natyasastra: Its Folk Representations (November 10)

Sri. Vinodkumar Kattumunda, Asst Professor, Dept of Vyakarana Govt. Sanskrit College, Thiruvananthapuram, welcomed the audience to the session. Dr. M.A. Siddhique's session on "Psychological Metaphors in Natyasastra: Its Folk Representations" delved into the intricate psychological nuances embedded in traditional performances. Ms. Chaitra V. (MA Student, Dept of Sahitya, Govt Sanskrit College, Tvpm), expressed gratitude to the resource person and attendees for their active participation and insightful contributions.

Session X: ANUKARANA : READING THE TEXT OF ABHINAVABHARATI (November 10)

Dr. Devan E.M., Assistant Professor, Dept of Nyaya, Govt. Sanskrit College, Thiruvananthapuram, extended a warm welcome to the audience. Dr R. Kamala Kumari , Professor, Dept of Sahitya, SSUS, R C, Thiruvananthapuram explored the

concept of "Anukarana" by examining the text of Abhinavabharati, offering insights into textual interpretation and performance practice. Participants engaged in a thought-provoking discussion, reflecting on the implications of textual interpretation on performance aesthetics. Ms. Vishnumaya, MA Student, Govt. Sanskrit College, Thiruvananthapuram, expressed gratitude to the resource person and attendees for their enriching contributions.

Session XI: RAMAYANA PLAYS IN KUTIYATTAM (November 10)

Dr. Jayakrishnan Namboothiri N.D., Assistant Professor, Dept of Jyothisha, Govt. Sanskrit College, Thiruvananthapuram, welcomed the audience to the session. Dr Sarika Sasi, Asst Professor, Govt Sanskrit College, Tripunithura presented a paper on "Text to Performance in Classical Sanskrit Theatre: Structural Analysis of the Ramayana Plays in Kutiyattam," exploring the structural dynamics and performative elements in Kutiyattam tradition. Participants engaged in a scholarly discussion, analyzing the structural nuances and interpretive possibilities in Kutiyattam performances. Ms. chaitra V, MA Student, Govt. Sanskrit College, Thiruvananthapuram, expressed gratitude to the presenter and attendees for their active involvement and insightful contributions.

Session XII: ANUKARANA: RASAPRATYABHIJNA (November 10)

Sri. Sambhu Potty V, Associate Professor, Dept of Nyaya, Govt. Sanskrit College, Thiruvananthapuram, extended a warm welcome to the audience. Dr K. K. Sundaresan, Former Registrar, Kerala Kalamandalam explored the concept of Rasapratyabhijna offering insights into textual interpretation. Participants engaged in a thought-provoking discussion, reflecting on the implications of textual interpretation on performance aesthetics. Ms. Jesna. R., MA Student, Govt. Sanskrit

College, Thiruvananthapuram, expressed gratitude to the resource person and attendees for their enriching contributions.

Valedictory Session (November 10)

Dr. Sobha P., Assistant Professor, Dept of Sahitya, Govt. Sanskrit College, Thiruvananthapuram, extended a warm welcome to the audience. Dr. Pradeep Varma. P.K., Principal in Charge, Govt. Sanskrit College, Thiruvananthapuram, delivered the presidential address, reflecting on the significance of the seminar and expressing gratitude to all participants. Dr R. Kamala Kumari , Professor, Dept of Sahitya, SSUS, R C, Thiruvananthapuram, delivered the valedictory speech, acknowledging the contributions of participants and organizers. Dr. Girish M.P., PTA Secretary, Govt. Sanskrit College, Thiruvananthapuram, and Dr. Sujith S., Staff Advisor, Govt. Sanskrit College, Thiruvananthapuram, were felicitated for their roles in the seminar. A comprehensive report highlighting the key takeaways and contributions of the seminar was presented. Dr. Leena C.P., Convenor, Dept of Sahitya, Govt. Sanskrit College, Thiruvananthapuram, expressed gratitude to all participants, contributors, and organisers for their invaluable contributions towards making the seminar a success.





Natyasastra and kathakali



Smt.Uma.A.K Demonstrates Kanyarkali- the Folk lore



Topic	1. SAMANTADHARMA IN NATYASASTRA - RELEVANCE AND POSSIBILITIES
Vote of Thanks	Ms. GOPIKA J.M. (MA Student, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Lunch Break: 12:40 PM - 1:30 PM	
Session - IV 1:30 PM - 3:10 PM	
Welcome Speech	Dr. RENIL DEV M.R. (Asst Professor, Dept of Vyakarana, Govt Sanskrit College, Tyvm)
Resource Person	Dr. GITHESH T. (Asst Professor & Head, Dept of Mahavidya, Madurai)
Topic	1. RASA AND EMOTION IN ADHINAYA - AN OVERVIEW ON VISUAL NARRATIVES
Discussion	Ms. SETHARA B.T. (Research Scholar, Govt Sanskrit College, Tyvm)
Vote of Thanks	Ms. SETHARA B.T. (Research Scholar, Govt Sanskrit College, Tyvm)
Session - V 3:10 PM - 4:50 PM	
Welcome Speech	Dr. LAKESHVI VIDYAN V.T. (Asst Professor, Dept of Nyaya, Govt Sanskrit College, Tyvm.)
Performance	Dr. ANTARYAMI
Concept, Music, Design & Direction	PADMAHUSHAN KAVALAM
Presented by	NARAYANA PANIKKAR
Voice of Thanks	GIREESH V. & TEAM OF SOPANAM
Voice of Thanks	Smt. VASANA B. (Head, Dept of English, Govt Sanskrit College, Tyvm)
Voice of Thanks	Ms. SETHARA B.T. (Research Scholar, Govt Sanskrit College, Tyvm)
2023 NOVEMBER 10, FRIDAY	
Session - 2X 9:00 AM - 10:40 AM	
Welcome Speech	Sri. VINODKUMAR KATTUMUNDA (Asst Professor, Dept of Vyakarana, Govt Sanskrit College, Tyvm.)
Resource Person	Dr. M.A. SIDDIQUE (Professor, Dept of Malayalam, Uiy of Kerala, Kariavattom)
Topic	1. PSYCHOLOGICAL METAPHORS IN NATYASASTRA: IT'S FOLK REPRESENTATIONS
Vote of Thanks	Ms. CHAITRA V. (MA Student, Dept of Sahitya, Govt Sanskrit College, Tyvm)

Session - X 10:40 AM- 12:20 PM	
Welcome Speech	Dr. DEVAN E.M. (Asst Professor, Dept of Nyaya, SSC, Tyvm.)
Resource Person	Dr. R. KAMALA KUMARI (Professor, Dept of Sahitya, SSUS, R C, Tyvm)
Topic	1. "ANUKARANAM": READING THE TEXT OF ABHINAVAHARI
Discussion	Ms. VISHNUMAYA (MA Student, Govt Sanskrit College, Tyvm.)
Vote of Thanks	Ms. CHAITRA V. (MA Student, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Lunch Break: 12:20 PM - 1:00 PM	
Session - XI 1:00PM- 2:40PM	
Welcome Speech	Dr. JAYAKRISHNAN NAMBOOTHIRE R.D. (Asst Professor, Dept of Jyotisha, Govt Sanskrit College, Tyvm)
Resource Person	Dr. SARITA SASTI (Asst Professor, Govt Sanskrit College, Tirupurthura)
Topic	1. RAHASYA PRATYAKSHAM
Discussion	Ms. CHAITRA V (MA Student, Govt Sanskrit College, Tyvm)
Vote of Thanks	Ms. CHAITRA V (MA Student, Govt Sanskrit College, Tyvm)
Session - XII 2:40 PM - 4:20 PM	
Welcome Speech	Sri. SANBHU POTTY V. (Asst. Professor, Dept of Nyaya, Govt Sanskrit College, Tyvm)
Resource Person	Dr. K. K. SUNDARESAN (Former Registrar, Kerala Kalamandalam)
Topic	1. RAHASYA PRATYAKSHAM
Voice of Thanks	Ms. JESNA. B. (BA Student, Dept of Sahitya, Govt Sanskrit College, Tyvm.)
Valedictory Session 4:20 PM - 5:00 PM	
Welcome Speech	Dr. SOBHA P. (Asst Professor, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Presidential Address	Dr. AMALA V.K. (Principal, Govt Sanskrit College, Tyvm)
Valedictory Speech	Dr. R. KAMALA KUMARI (Professor, Dept of Sahitya, SSUS, R C, Tyvm)
Felicitation	Dr. GIRISH M.P. (Asst Professor, Dept of Jyotisha, Govt Sanskrit College, Tyvm)
Report	Dr. SUJITH S. (Staff Advisor, Govt Sanskrit College, Tyvm)
Vote of Thanks	Dr. LEENA C.P. (Convener, Dept of Sahitya, Govt Sanskrit College, Tyvm)
NATIONAL ANTHEM	



DEPARTMENT OF SANSKRIT SAHITYA
Govt. Sanskrit College
Thiruvananthapuram
Accredited with A+ Grade by NAAC



8th, 9th&10th November 2023

Sponsored by
DIRECTORATE OF COLLEGIATE EDUCATION

Organized by
DEPARTMENT OF SAHITYA

In collaboration with
FOLKLORE ACADEMY, KERALA

Venue : College Auditorium

Sir/Madam,

Thiruvananthapuram
01/11/2023

Welcome to the Department of Sanskrit Sahitya, Govt. Sanskrit College, Thiruvananthapuram.

We are organising a three day National Seminar under the auspices of the Directorate of Collegiate Education on the topic, **IMPRESSIONS OF NATYASASTRA ON KERALA FOLK ART FORMS** from 8th to 10th November 2023. The Natyasastra is notable as an ancient encyclopaedic treatise on arts, which influenced the dance, music and literary traditions in India. It is also valuable for its aesthetic 'Rasa' theory, which asserts that entertainment is the desired effect of Performance of arts. We have organised the programme in collaboration with the **FOLKLORE ACADEMY, KERALA**. We hope that this seminar will be highly beneficial for students and research scholars in this field.

We, the Principal, faculty members and the students of Government Sanskrit College, Thiruvananthapuram cordially invite you and other faculty members to participate in the Seminar and to make it a grand success.

Dr. **LEENA C. P.** (Convener & MO.)
Dr. **Amala V.K.** (Principal)

2023 NOVEMBER 8, WEDNESDAY	
Inaugural Session 9:00 AM - 9:30 AM	
Registration	8:30 - 9:00AM
Prayer	Ms. Aditya Krishna D.S. (BA Student, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Welcome speech	Dr. LEENA C. P. (Asst Professor & Head, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Presidential Speech	Dr. AMALA V.K. (Principal, Govt Sanskrit College, Tyvm)
Session - I 9:30 AM - 11:10 AM	
Welcome speech	Dr. SHYMA K. A. (Asst Professor, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Resource Person	Dr. P. V. NARAYANAN (Professor, Dept of Sahitya, SSUS, RC, Payyanur)
TOPIC	NATYASASTRA - TEXT AND TRADITION
Discussion	Sri. ABHILASH UNNI (Research Scholar, Govt Sanskrit College, Tyvm.)
Vote of Thanks	Sri. ABHILASH UNNI (Research Scholar, Govt Sanskrit College, Tyvm.)
Session - II 11:10 AM - 12:50 PM	
Welcome Speech	Dr. ASAWANI S. MOHAN (Guest Lecturer, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Resource Person	Dr. ACHUTH SANKAR S. NAIR (Professor Head, Dept of Computational Biology and Bioinformatics, Uiy of Kerala, Kariavattom)
Topic	MUSICAL ELEMENTS IN NATYASASTRA
Discussion	Ms. SITHARA B.T. (Research Scholar, Govt Sanskrit College, Tyvm)
Vote of Thanks	Ms. SITHARA B.T. (Research Scholar, Govt Sanskrit College, Tyvm)
Lunch Break: 12:50 PM - 1:30 PM	
Session - III 1:30 PM - 3:10 PM	
Welcome Speech	Smt. UMA A. K. (Asso. Professor, Dept of Nyaya, Govt Sanskrit College, Tyvm)
Resource Person	Sri. P.V. LOVELIN (Secretary, National Centre for Tangible and Intangible Cultural Heritage, Dept of Culture, Govt. of Kerala)
Topic	THE ROLE OF FOLK ARTS IN CONTRIBUTING TO THE AESTHETICS OF CLASSICAL DANCES
Discussion	Smt. SIBI B.S. (Research Scholar, Govt Sanskrit College, Tyvm.)
Vote of Thanks	Smt. SIBI B.S. (Research Scholar, Govt Sanskrit College, Tyvm.)
Session - IV 3:10 PM - 4:50 PM	
Welcome Speech	Dr. GIRISH M.P. (Asst Professor, Dept of Jyotisha, Govt Sanskrit College, Tyvm)
Resource Person	Dr. SREEDHARAN E. (Former Professor and Campus Director, SSUS, Kalady)
Topic	INFLUENCE OF NATYASASTRA IN THE ARTS OF NORTH KERALA
Discussion	Smt. JIJI CHANDRAN J.V. (Research Scholar, Govt Sanskrit College, Tyvm.)
Vote of Thanks	Smt. JIJI CHANDRAN J.V. (Research Scholar, Govt Sanskrit College, Tyvm.)
2023 NOVEMBER 9, THURSDAY	
Session - V 9:30AM-11:10 AM	
Welcome Speech	Dr. SUDHEESH G.S. (Asst Professor, Dept of Jyotisha, Govt Sanskrit College, Tyvm)
Resource Person	Dr. C.M. NEELAKANTAN (Chairman, Vedic Research Centre, Vadakkal Matham Brahmawam, Trissur)
Topic	NATYA, NATYA - SOME OBSERVATIONS
Discussion	Sri. SREELESH S. (Research Scholar, Govt Sanskrit College, Tyvm)
Vote of Thanks	Sri. SREELESH S. (Research Scholar, Govt Sanskrit College, Tyvm)
Session - VI 11:10 AM - 12:40 PM	
Welcome Speech	Dr. REMA M.K. (Guest Lecturer, Dept of Sahitya, Govt Sanskrit College, Tyvm)
Resource Person	Dr. K.P. SREEDHEVI (Former Professor, Sanskrit Sahitya, SSUS, Kalady)

Conclusion

The National Seminar on "Impressions of Natyasastra on Kerala Folk Art Forms" provided a platform for scholars, researchers, and practitioners to delve into the theoretical foundations and practical applications of Natyasastra in diverse art forms. Through engaging discussions, insightful presentations, and enriching performances, the seminar facilitated a deeper understanding and appreciation of the enduring influence of Natyasastra on Kerala's rich cultural heritage.