

Health Awareness Program

Organised by the Health Club
Govt. Sanskrit College, Tvm

To join the meeting on Google Meet

click this link: <https://meet.google.com/uhx-inxe-oyb>

Date:- 03.10.2021

Time:-7.00 pm

Prayer - **Amritha E H**

Welcome - **Smt. Roshni K Lal**
(Convener, Health Club)

Presidential Address - **Dr. Sobha K D**
(Principal, GSC)

Inaugural Speech



On the Topic

FACE THE BRUTE

Dr. C R Jayasankar

(Assistant director, government Health Service
& superintendent of General hospital, Pathanamthitta,)

Felicitaiton Address

Dr. P Rajesh Kumar
(Convener, IQAC)

Vote of Thanks

Sri. Aji P L
(H.O.D Dept. Of Physical Education)

Government Sanskrit College

Thiruvananthapuram

Health Club

Programme Report 2021-22

The health club of Government Sanskrit College formed as per the order of the principal in this academic year to motivate mental and physical wellness. A health awareness webinar was conducted by health club on 03/10/2021 at 7pm on the topic '**Face the Brute**', through online mode due to the Covid 19 pandemic.

Prayer : Amritha E H

Welcome : SMT.Roshni K Lal

Presidential Address: Dr. Shobha K D,Principal, Govt Sanskrit College,Thiruvananthapuram

Resource Person : Dr. C R Jayasankar, Assistant Director, Govt. Health Service & Superintendent of General Hospital, Pathanamthitta

Feliciation address: Dr. P Rajesh Kumar,Convener, IQAC

Vote of Thanks: Dr. Aji P L, HoD, Physical Education

The online programme was attended by Teachers, Students and Research Scholars. More than 85 persons participated in the programme. The session windup at 8.30pm. Everyone agreed that this health awareness programme helps to all participants in this crucial situation.

Dr. Gayathree Devi L, Convener

Gayathree Devi L
Asst. Professor
Dept. of Vedanta
Govt. Sanskrit College
Tvm.

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