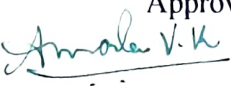


Seven-Day NSS Camp Report 2020-2021

In light of the pandemic, the NSS Camp was held virtually from December 22 to 28, 2020, centred around the theme of Empowering Youth for Social Change. The camp aimed to enhance social responsibility, cultural enrichment, and personal development through a series of expert lectures, workshops, and community service initiatives. The inauguration was led by Prof. Sundareshan, the Registrar of Kalamandalam Deemed University, Thrissur.

During the camp, distinguished speakers presented on a variety of subjects. On December 23, Dr N.A. Shihad delivered a lecture on Social Justice and Equality, focusing on the importance of equality and strategies to combat social injustices: the following day, Adv. Rajesh Kumar C provided insights on Legal Awareness and Human Rights, informing volunteers about their fundamental rights and responsibilities. Dr Sundaresan's session on December 25 addressed Environmental Conservation, emphasizing sustainable practices, while Dr Shaji Aji's presentation on December 26 outlined the objectives of the NSS and its social responsibilities. The camp concluded on December 28 with Dr Bhargava Ram's session on Yoga and Wellness, which promoted both mental and physical health.

Furthermore, on December 26 and 27, NSS volunteers conducted a COVID poll to gather data on community safety awareness and preventive measures. The seven-day camp effectively equipped 150 volunteers with vital skills, heightened social awareness, and the inspiration for ongoing community involvement.

Approved:

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