

International

WOMEN'S DAY



**Govt. Sanskrit Colloge
Thiruvananthapuram**

Accredited with A+ Grade by NAAC

Women's Cell
International Women's Day
Celebrations 2021

Chief Guest

Topic



**Women and
Indian Law**

2021 MARCH 8

7.30 PM

ON GOOGLE MEET



pkn-tbmx-tvn

Sri. K.V. MANOJ KUMAR

Chairperson

Kerala State Commission for
Protection of Child Rights

Principal
Dr. Amala V.K.

Convener
Leena C.P

≡ International ≡

WOMEN'S DAY Celebration

GOVT. SANSKRIT COLLEGE
Thiruvananthapuram
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Women's Cell International Women's day Celebration

Topic Talk

Gender Equality for Sustainable Future

By



Smt. Sandhya S.N

Managing Editor of Indian Ruminations
Master Faculty of Gender at KILA
Writer and Social Activist
Publication Assistant, KCHR

Prayer :
Athira V B

Welcome Speech :
Dr. Leena C P

Presidential Address:
Dr. Sobha K D
Principal, GSC, Tvpm

Felicitation:
Dr. Chitra T Vikraman
HoD, Dept. of English
Devika S
Union Vice Chair Person

Vote of Thanks:
Mekhasree

WOMEN'S CELL

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JEEVANI

Centre for Student Wellbeing

Conducting a Webinar on

MENTAL HEALTH LET'S MIND THE MIND

Programme - Day 1
2.30 PM to 3.30PM

■ January 20, 2021
■ **Google meet Link : vnd-jvgx-gyz**

Prayer : Athira S.B.
Welcome Speech : Leena C.P.
Convenor, Women's Cell, GSC, TVPM
Inauguration : **Dr Amala V. K.**
Principal Govt. Sanskrit College,
Thiruvananthapuram

Today's Topic : MIND CHATS

Presentation : **Shini V.S.**
Asst. Prof., Department of Psychology,
Government College for Women, TVPM
Vote of Thanks : Manju T.G
Asst. Professor, Department of Vedanta,
GSC, TVPM



Google Meet

vnd-jvgx-gyz

2.30 PM to 3.30PM

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Programme - Day 2
2.30 PM to 3.30PM

■ January 21, 2021
■ **Google meet Link : kxg-rkns-tns**

Welcome Speech : Anjana S.
4th Sem. MA, Sahitya, GSC, TVPM.

Today's Topic : DEPRESSION - A REFLECTION

Presentation : **Meghasree T.**
Psychology Apprentice,
GSC, Thiruvananthapuram.

Vote of Thanks : Fathima Alfiya A.S.
Ist Sem. BA Sahitya,
GSC, TVPM.



Google Meet

kxg-rkns-tns

2.30 PM to 3.30PM

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Programme - Day 3
2.30 PM to 3.30PM

■ January 22, 2021
■ Google meet Link : [wpk-dzye-mrm](https://meet.google.com/wpk-dzye-mrm)

VALEDICTORY SESSION

- Prayer : Devika S.
Welcome Speach : Leena C. P.
Convenor, Women's Cell, GSC, TVPM.
Inauguration : **Dr Unnikrishnan K.**
Vice Principal,
GSC, Thiruvananthapuram.

Today's Topic : **YOGA AND MENTAL HEALTH**

- Presentation : **D. Sreekantan Nair**
Yogacharya,
Athmadarsan Yoga Seva Samithi, TVPM.
Vote of Thanks : Meghasree T.
Psychology Apprentice,
GSC, TVPM.



Google Meet

[wpk-dzye-mrm](https://meet.google.com/wpk-dzye-mrm)

2.30 PM to 3.30PM